Standard Packing List for Youth Events

1. Clothing
    - Enough shirts and pants/shorts for each day, plus a few extra in case of spills or accidents.
    - Pajamas.
    - Sweatshirt or light jacket for cool evenings.
    - Raincoat or poncho.
    - Modest swimsuit (one-piece or modest tankinis recommended).
    - Underwear and socks.
2. Footwear
    - Comfortable sneakers or tennis shoes for activities and walking.
    - Water shoes or sandals for lake time or showers.
    - One pair of shoes that can get wet or dirty for outdoor activities.
3. Toiletries and health essentials
    - Toothbrush and toothpaste.
    - Shampoo, conditioner, and body wash.
    - Soap in a container.
    - Deodorant.
    - Comb or brush.
    - Sunscreen (SPF 30 or higher).
    - Insect repellent.
    - Any prescription medications in their original containers
4. Bedding
    - Sleeping bag or twin sheet set and a blanket.
    - Pillow and pillowcase.
5. Other important items
    - Bible
    - Journal
    - Flashlight or Headlamp with Extra Batteries
    - Refillable Water Bottle
    - Hat / Sunglasses
    - Book / Card Games
    - Disposable Camera
    - Ink Pen and Paper

What to leave at home
It's generally recommended to leave electronics tablets, and gaming devices at home. Also, avoid bringing expensive or irreplaceable items. Snacks and drinks are often provided, so you can likely leave those behind. Weapons, fireworks, and other unsafe items should not be brought to camp.
This list is a general guide, and it's always a good idea to check with the specific retreat or camp for any additional or specific packing instructions they may have.